

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 1 Women 100 Meter Dash Novice**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Bolibruck, Maddy	E.L. Crossley		13.66Q	3
2 Froemchen, Olivia	West Niagara		14.00Q	1
3 Tilly, Kailyn	Governor Simcoe		14.28Q	4
4 Kormos, Charlotte	Greater Fort Eri		14.49Q	2
5 Jones, Mika	Notre Dame		14.09Q	1
6 Cheel, Lilly	E.L. Crossley		14.16Q	3
7 Fourgere, Gia	Greater Fort Eri		14.51Q	2
8 Schmidt, Aliyah	Niagara Christia		14.71Q	4
9 Giammarco, Emma	Notre Dame		14.17	1
10 Ford, Eleanor	An Myer		14.60	3
11 Vassilous, Alexia	Eastdale		15.12	4
12 Mous, Sierra	Port Colborne Hi		15.17	4
13 Giganti, Gabriella	West Niagara		15.23	1
14 Semenuk, Annie	SOTH,St.Catharines,		15.31	2
15 Arts, Rileigh	Greater Fort Eri		15.37	2
16 Akpaka, Naomi	E.L. Crossley		15.42	3
17 Chase, Shekinah	Eastdale		15.42	4
18 Cruz, Madelynn	West Niagara		15.46	1
19 Ogwo, Christal	Notre Dame		15.51	1
20 Cazal, Gabriella	An Myer		15.75	3
21 Sirianni, Audrey	SOTH,St.Catharines,		15.79	2
22 Cassie, Tori-Kae	Notre Dame		15.92	1
24 Killick, Madison	E.L. Crossley		16.81	3
25 Evans, Lily	West Niagara		17.08	1
26 Brown, Millie	DSBN		18.06	4
27 Ok, Zara	Greater Fort Eri		18.47	2
28 Daigle, Madison	Greater Fort Eri		18.59	2

Event 2 Men 100 Meter Dash Novice

Name	Year School	Seed	Finals	H#
Finals				
1 Ishmael, Messiah	Westlane		12.29	4
2 Lazaroski, Luka	Westlane		12.32	4
3 Bell, Jaden	An Myer		12.60	1
4 Jean, Hans	Governor Simcoe		12.81	1
5 Proudlock, Gavin	Westlane		12.99	4
6 Champa, Loden	An Myer		13.13	1
7 Christian, Devonte	An Myer		13.21	1
8 Nesbitt, Kyle	Welland Centennial		13.31	1
9 Miller, Devante	An Myer		13.32	1
10 Dykstra, Jayden	Port Colborne Hi		13.32	2
11 Pybus, Ashton	An Myer		13.73	1
12 Norcy, Jerry	SOTH,St.Catharines,		13.81	4
13 Buksh, Sheikh	Stamford		13.99	4
14 Obasi, Sam	SOTH,St.Catharines,		14.16	4
15 McGarrity, Owen	Welland Centennial		14.41	1
16 Traore, Yannick	West Niagara		14.69	2
17 Broderick, Brady	Port Colborne Hi		15.12	2
18 Ahmadi, Adnan	Port Colborne Hi		16.09	2

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 2 Men 100 Meter Dash Novice**

19 McCarthy, Henry	West Niagara	16.17	2
--------------------	--------------	-------	---

Event 3 Women 200 Meter Dash Novice

Name	Year School	Seed	Finals	H#
1 Bolibruck, Maddy	E.L. Crossley		29.28	4
2 McCulloch, Oceana	Governor Simcoe		29.51	1
3 Jones, Mika	Notre Dame		29.98	3
4 Bottrell, Rayne	Westlane		30.58	4
5 Kormos, Charlotte	Greater Fort Eri		30.61	2
6 Cuellar Melendez, Andrea	An Myer		30.96	1
7 Semenuk, Annie	SOTH,St.Catharines,		31.49	3
8 Kennedy, Krysten	Notre Dame		31.54	3
9 Cazal, Gabriella	An Myer		31.73	1
10 Cruz, Madelynn	West Niagara		31.92	1
11 Giampaolo, Gigi	Greater Fort Eri		32.32	2
12 Chase, Shekinah	Eastdale		32.65	4
13 McCauley, Sadie	Governor Simcoe		33.17	1
14 Giganti, Gabriella	West Niagara		33.22	1
15 Johnson, Terez	Notre Dame		33.34	3
16 Joseph, Krysyrach	Notre Dame		33.83	3
17 Marriott, Acey	SOTH,St.Catharines,		33.95	3
18 Vassilious, Alexia	Eastdale		34.05	4
19 Thomas, Cloe	Greater Fort Eri		34.07	2
20 Sirianni, Audrey	SOTH,St.Catharines,		34.56	3
21 Evans, Lily	West Niagara		34.62	1
22 Dell, Victoria	Port Colborne Hi		34.82	1
23 Ghadban, Lamita	Greater Fort Eri		35.62	2
24 Brown, Millie	DSBN		39.07	4
25 Ok, Zara	Greater Fort Eri		44.14	2
26 Daigle, Madison	Greater Fort Eri		47.68	2

Event 4 Men 200 Meter Dash Novice

Name	Year School	Seed	Finals	H#
1 Cadden, Lucas	Governor Simcoe		25.09	1
2 Lazaroski, Luka	Westlane		25.64	2
3 Ishmael, Messiah	Westlane		25.85	2
4 Bell, Jaden	An Myer		26.34	1
5 Proudlock, Gavin	Westlane		26.70	2
6 Champa, Loden	An Myer		27.24	1
7 Phillip, Tyler	Notre Dame		27.58	1
8 Thompson, Bentley	E.L. Crossley		27.72	2
9 Dykstra, Jayden	Port Colborne Hi		28.40	1
10 Weymark, Calder	Welland Centennial		29.29	1
11 Norcy, Jerry	SOTH,St.Catharines,		29.40	2
12 Truong, Kenny	E.L. Crossley		30.30	2
13 Traore, Yannick	West Niagara		30.84	1
14 Muhammad, Aram	Westlane		41.72	2

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 5 Women 400 Meter Dash Novice**

Name	Year	School	Seed	Finals	H#
1 Bolibruck, Maddy		E.L. Crossley		1:07.57	2
2 Bottrell, Rayne		Westlane		1:08.81	1
3 Thomas, Cloe		Greater Fort Eri		1:11.42	1
4 Kormos, Charlotte		Greater Fort Eri		1:12.68	1
5 Smits-Talving, Clara		Welland Centennial		1:13.10	2
6 Cuellar Melendez, Andrea		An Myer		1:13.33	2
7 Watson-Reid, Christina		Notre Dame		1:16.92	1
8 Cassie, Tori-Kae		Notre Dame		1:18.83	1
9 Erikson-Edede, Zara		Notre Dame		1:21.05	1
10 Sharma, Arianna		Welland Centennial		1:26.27	2

Event 6 Men 400 Meter Dash Novice

Name	Year	School	Seed	Finals	H#
1 Craig, Colby		Westlane		57.48	1
2 Pilot, Tyler		E.L. Crossley		58.70	2
3 Cadden, Lucas		Governor Simcoe		59.22	1
4 Proudlock, Gavin		Westlane		1:02.08	1
5 Thomas-Blakney, Kaedon		An Myer		1:02.37	1
6 Buksh, Sheikh		Stamford		1:06.31	2
7 Wilson, Ethan		West Niagara		1:10.45	2
8 McGarrity, Owen		Welland Centennial		1:10.84	2
9 Lazaroski, Luka		Westlane		1:13.78	1
10 Broderick, Brady		Port Colborne Hi		1:18.58	2

Event 7 Women 800 Meter Run Novice

Name	Year	School	Seed	Finals	H#
1 Farlow, Ella		Welland Centennial		2:25.89	2
2 Westveer, Addy		Governor Simcoe		2:36.65	1
3 Thususka, Briar		Port Colborne Hi		2:43.76	1
4 Walker, Bianca		An Myer		2:48.56	2
5 Komaromi Mackinnon, Quin		An Myer		2:48.99	2
6 Fourgere, Gia		Greater Fort Eri		2:51.45	2
7 Tonnies, Grace		Port Colborne Hi		2:56.75	1
8 Paterson, Camryn		An Myer		2:57.66	2
9 Dell, Hannah		Port Colborne Hi		3:06.18	1
10 Killick, Madison		E.L. Crossley		3:07.28	2
11 Cassie, Tori-Kae		Notre Dame		3:10.38	2
12 Dell, Victoria		Port Colborne Hi		3:16.71	1
13 Sidey, Carley		Port Colborne Hi		3:33.72	1

Event 8 Men 800 Meter Run Novice

Name	Year	School	Seed	Finals
1 Mimiaque, Alix		Governor Simcoe		2:15.91
2 Pilot, Tyler		E.L. Crossley		2:17.96
3 MacDonald, Callum		E.L. Crossley		2:18.33
4 Wood, Brock		Notre Dame		2:22.86

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 8 Men 800 Meter Run Novice**

5 Passero, Heyden	Governor Simcoe	2:25.11
6 Gordon, Bryce	DSBN	2:29.02
7 Sirianni, Saverio	SOTH,St.Catharines,	2:37.49
8 Wilson, Ethan	West Niagara	2:44.05
9 Schilstra, Noah	SOTH,St.Catharines,	2:46.32
10 Broderick, Brady	Port Colborne Hi	2:54.30

Event 9 Women 1500 Meter Run Novice

Name	Year School	Seed	Finals
1 Komaromi Mackinnon, Quin	An Myer	5:56.06	
2 Tonnies, Rose	Port Colborne Hi	5:57.12	
3 Lewis, Ainsley	Sir Winston Chur	6:11.27	
4 Procyshyn, Nora	West Niagara	6:23.96	
5 Fourgere, Gia	Greater Fort Eri	6:24.06	
6 Paterson, Camryn	An Myer	6:33.32	
7 Clark, Taylor	West Niagara	6:49.96	
8 Sidey, Carley	Port Colborne Hi	7:46.43	

Event 10 Men 1500 Meter Run Novice

Name	Year School	Seed	Finals
1 Riou, Evan	Welland Centennial	4:31.05	
2 Macneil, Max	Westlane	4:39.01	
3 MacDonald, Callum	E.L. Crossley	4:40.87	
4 Wood, Brock	Notre Dame	4:50.44	
5 Neill, Dexter	Welland Centennial	4:53.10	
6 Memme, Riley	West Niagara	5:29.42	
7 Troup, Alec	West Niagara	5:30.97	
8 Aamer, Zain	SOTH,St.Catharines,	7:03.77	

Event 11 Women 3000 Meter Run Novice

Name	Year School	Seed	Finals
1 Komaromi Mackinnon, Quin	An Myer	12:16.61	

Event 12 Men 3000 Meter Run Novice

Name	Year School	Seed	Finals
1 Macneil, Max	Westlane	9:44.57	
2 Neill, Dexter	Welland Centennial	9:56.45	
3 Passero, Heyden	Governor Simcoe	10:45.51	
4 Sirianni, Saverio	SOTH,St.Catharines,	11:10.01	
5 Troup, Alec	West Niagara	11:20.82	
6 Strebul, Dante	Welland Centennial	12:00.93	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 13 Women 80 Meter Hurdles Novice**

Name	Year School	Seed	Finals
1 Kelly, Sarai	Sir Winston Chur		13.08
2 Gandza, Halle	Governor Simcoe		15.27
3 Tilly, Kailyn	Governor Simcoe		15.63
4 Raby, Lila	Welland Centennial		16.67
5 Smits-Talving, Clara	Welland Centennial		17.10
6 Paul, Akuomachi	Welland Centennial		17.14
7 Kempf, Paisley	West Niagara		17.19

Event 14 Men 100 Meter Hurdles Novice

Name	Year School	Seed	Finals
1 Van Geest, Gavin	West Niagara		21.31

Event 15 Women 300 Meter Hurdles Novice

Name	Year School	Seed	Finals
1 Farquhar, Isla	E.L. Crossley		53.05
2 Gandza, Halle	Governor Simcoe		53.24
3 Smits-Talving, Clara	Welland Centennial		57.86
4 Kempf, Paisley	West Niagara		58.66
5 Raby, Lila	Welland Centennial		58.81

Event 16 Men 300 Meter Hurdles Novice

Name	Year School	Seed	Finals
1 Savage, Ryder	SOTH, St. Catharines,		48.73
2 Cadden, Lucas	Governor Simcoe		49.15
3 D Walloschek, Jules	Governor Simcoe		50.22

Event 17 Women High Jump Novice

Name	Year School	Seed	Finals
1 Westgarth, Kaylin	Sir Winston Chur		1.53m
2 Mead, Kaitlyn	Sir Winston Chur		1.48m
3 Schmidt, Aliyah	Niagara Christia		1.30m
4 Chovaz, Riven	West Niagara		1.25m
-- Procyshyn, Nora	West Niagara		NH

Event 18 Men High Jump Novice

Name	Year School	Seed	Finals
1 Ishmael, Messiah	Westlane		1.75m
2 Ohme, Noah	West Niagara		1.50m
-- Nwankpa, Chiugo	SOTH, St. Catharines,		NH

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 21 Women Long Jump Novice**

Name	Year School	Seed	Finals
1 Mead, Kaitlyn	Sir Winston Chur		4.73m
2 Westveer, Addy	Governor Simcoe		4.52m
3 Mous, Sierra	Port Colborne Hi		4.25m
4 Tilly, Kailyn	Governor Simcoe		4.19m
5 Mead, Makayla	Sir Winston Chur		4.05m
6 Tonnies, Rose	Port Colborne Hi		3.83m
7 Ogwo, Christal	Notre Dame		3.70m
8 Arts, Rileigh	Greater Fort Eri		3.60m
9 Vassilous, Alexia	Eastdale		3.56m
10 Witherspoon, Nevaeh	Governor Simcoe		3.42m
11 Hoekstra, Mya	Eastdale		3.21m
12 Chase, Shekinah	Eastdale		3.12m
13 Slavin, Alexandra	West Niagara		2.66m
14 Itotia, Sonia	Notre Dame		2.60m
15 Afam, Anne	Notre Dame		2.14m

Event 22 Men Long Jump Novice

Name	Year School	Seed	Finals
1 Jean, Hans	Governor Simcoe		4.81m
2 Dixon, Owen	Sir Winston Chur		4.73m
3 Mendes, Logan	Greater Fort Eri		4.69m
4 Kroeker, Colton	Welland Centennial		4.48m
4 Abban-Desbouvrie, Jude	Sir Winston Chur		4.48m
6 Nesbitt, Kyle	Welland Centennial		4.46m
7 Truong, Kenny	E.L. Crossley		4.26m
8 O'Brien, Marcus	Welland Centennial		4.24m
9 Obasi, Sam	SOTH, St. Catharines,		4.22m
10 McGarrity, Owen	Welland Centennial		4.15m
11 Kinney, Joel	West Niagara		4.00m
12 Van Geest, Gavin	West Niagara		3.95m
13 Vanderlaan, Isaiah	Welland Centennial		3.34m
-- Ahmadi, Adnan	Port Colborne Hi		ND

Event 23 Women Triple Jump Novice

Name	Year School	Seed	Finals
1 Westgarth, Kaylin	Sir Winston Chur		10.66m
2 Mead, Kaitlyn	Sir Winston Chur		10.28m
3 Witherspoon, Nevaeh	Governor Simcoe		9.57m
4 Farquhar, Isla	E.L. Crossley		9.41m
5 Fourgere, Gia	Greater Fort Eri		9.35m
6 Chovaz, Riven	West Niagara		7.81m
7 Arts, Rileigh	Greater Fort Eri		7.61m
8 Killick, Madison	E.L. Crossley		6.89m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 24 Men Triple Jump Novice**

Name	Year School	Seed	Finals
1 Ohme, Noah	West Niagara		10.76m
2 Dixon, Owen	Sir Winston Chur		10.40m
3 Abban-Desbouvrie, Jude	Sir Winston Chur		10.10m
4 Mendes, Logan	Greater Fort Eri		10.09m
5 McGarrity, Owen	Welland Centennial		9.68m
6 Van Geest, Gavin	West Niagara		9.19m
7 O'Brien, Marcus	Welland Centennial		8.97m
8 Kroeker, Colton	Welland Centennial		8.87m
9 Kinney, Joel	West Niagara		8.81m
10 Vanderlaan, Isaiah	Welland Centennial		7.13m

Event 25 Women Shot Put Novice

Name	Year School	Seed	Finals
1 Froemchen, Olivia	West Niagara		9.60m
2 Ross, Lexie	Greater Fort Eri		8.60m
3 Cadman, Ashlyn	West Niagara		7.11m
4 Tonnies, Grace	Port Colborne Hi		7.03m
5 Jamieson, Hailey	Greater Fort Eri		6.91m
6 Hsu, Mia	Governor Simcoe		6.31m
7 Shore, Henley	Notre Dame		6.14m
8 Itotia, Sonia	Notre Dame		4.45m

Event 26 Men Shot Put Novice

Name	Year School	Seed	Finals
1 Jaramillo Bridgman, Eisl	An Myer		12.79m
2 McLean, Charlie	E.L. Crossley		11.74m
3 Abucay, Desmond	Westlane		10.34m
4 Kuzyk, Jake	Governor Simcoe		9.80m
5 Monteith, Raine	Greater Fort Eri		9.62m
6 Lemon, Jackson	SOTH, St. Catharines,		7.24m
7 Qubaja, Kamel	SOTH, St. Catharines,		7.15m

Event 27 Women Discus Throw Novice

Name	Year School	Seed	Finals
1 Froemchen, Olivia	West Niagara		31.59m
2 Dell, Hannah	Port Colborne Hi		14.02m
3 Staffen, Brielle	Welland Centennial		13.76m
4 Burdick, Serinity	Welland Centennial		11.85m

Event 28 Men Discus Throw Novice

Name	Year School	Seed	Finals
1 Van Nynatten, Zander	West Niagara		28.73m
2 Abucay, Desmond	Westlane		26.87m
3 Lemon, Jackson	SOTH, St. Catharines,		23.53m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 28 Men Discus Throw Novice**

4 Vanderlaan, Isaiah	Welland Centennial	17.75m
5 McCarthy, Henry	West Niagara	17.35m
6 Qubaja, Kamel	SOTH,St.Catharines,	15.82m

Event 29 Women Javelin Throw Novice

Name	Year School	Seed	Finals
1 Hsu, Mia	Governor Simcoe		16.42m
2 Staffen, Brielle	Welland Centennial		15.18m
3 Cadman, Ashlyn	West Niagara		13.43m
4 McArthur, Lilly	West Niagara		12.25m
5 Semenuk, Annie	SOTH,St.Catharines,		9.66m
6 Burdick, Serinity	Welland Centennial		9.32m

Event 30 Men Javelin Throw Novice

Name	Year School	Seed	Finals
1 McLean, Charlie	E.L. Crossley		33.03m
2 Monteith, Raine	Greater Fort Eri		32.07m
3 D Walloschek, Jules	Governor Simcoe		28.10m
4 Kuzyk, Jake	Governor Simcoe		25.32m
5 McPherson, Logan	Greater Fort Eri		23.23m
6 Weymark, Calder	Welland Centennial		22.37m
7 McCarthy, Henry	West Niagara		21.26m
8 JV Rensburg, Barend	SOTH,St.Catharines,		19.97m
9 Qubaja, Kamel	SOTH,St.Catharines,		14.81m

Event 32 Men 4x100 Meter Relay Novice

School	Seed	Finals
1 Westlane 'A'		51.40
2 E.L. Crossley 'A'		52.76
3 An Myer 'A'		52.77

Event 33 Women 100 Meter Dash Junior

Name	Year School	Seed	Finals	H#
1 Beradi, Amalynn	Governor Simcoe		12.99	2
2 Kaus, Kina	West Niagara		13.71	1
3 Gray, Addison	West Niagara		14.39	1
4 Eudovic, Indira	Notre Dame		14.70	2
5 William, Katrina	Eastdale		15.20	2
6 Kralt, Paige	West Niagara		15.53	1
7 Ijje, Ososelase	SOTH,St.Catharines,		15.62	2
8 Cabio, Priyanka	Stamford		15.65	1
9 Verroche, Eunice	Stamford		15.71	1
10 Hoekstra, Mya	Eastdale		16.44	2
11 Ghadban, Lamita	Greater Fort Eri		17.07	2
12 Manosca, Wryanne	Stamford		18.34	1
13 Burgess, Mckayla	Notre Dame		24.60	2

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 34 Men 100 Meter Dash Junior**

Name	Year	School	Seed	Finals	H#
1 Mohamed, Musab		Westlane		11.61	2
2 Goguen, Mah'Kyi		An Myer		11.62	3
3 Woodside, Tyrique		Notre Dame		11.63	4
4 Nunes, Luke		Sir Winston Chur		11.80	3
5 Cranston, King		Welland Centennial		11.83	2
6 Murray, Gabriel		An Myer		11.93	1
7 Abbas, Zayne		Governor Simcoe		12.19	1
8 Olajumoke, Tomi		SOTH,St.Catharines,		12.25	2
9 Laing, Tsean		Greater Fort Eri		12.71	1
10 Price, Jayden		SOTH,St.Catharines,		12.89	2
11 Boyd, Jack		Governor Simcoe		13.10	1
12 Surman, Christopher		Governor Simcoe		13.19	1
13 Ogwo, Christian		Notre Dame		13.23	4
14 Brasil-facey, Jose		Notre Dame		13.24	4
15 Diermair, Ansel		Notre Dame		13.26	4
16 Medd, Carter		Welland Centennial		13.28	2
17 Kisozi, Elijah		Eastdale		13.29	4
18 Orkeh, Shawn		Niagara Christia		13.37	3
19 Musa, Muneeb		Eastdale		13.39	4
20 Nwankwo, Jayden		Westlane		13.51	2
21 Warden, Colton		Eastdale		13.78	4
22 Goring-Francis, Rashaud		Governor Simcoe		13.96	1
23 Mann, Harkite		Westlane		14.15	2
24 Chang, David		Westlane		14.27	2
25 Laporte, Caleb		An Myer		14.55	1
26 Okechukwu, Daniel		Niagara Christia		14.59	3
27 Abantao, Jacob		Stamford		14.82	3
28 Brooks, Gabe		Eastdale		15.40	4
29 McCooey, Ryan		Greater Fort Eri		15.83	1

Event 35 Women 200 Meter Dash Junior

Name	Year	School	Seed	Finals	H#
1 Beradi, Amalynn		Governor Simcoe		26.75	1
2 McGlynn, Maggie		E.L. Crossley		28.13	2
3 Kaus, Kina		West Niagara		28.47	1
4 Nolan, Juliet		West Niagara		29.96	1
5 Gray, Addison		West Niagara		30.01	1
6 Burgess, Mckayla		Notre Dame		31.50	2
7 William, Katrina		Eastdale		32.68	2
8 Kralt, Paige		West Niagara		32.79	1
9 Verroche, Eunice		Stamford		32.87	1
10 Vernal, Keneya		Notre Dame		32.89	2
11 Ijie, Ososelase		SOTH,St.Catharines,		33.05	2
12 Springer, Nyomi		Eastdale		34.71	2

Event 36 Men 200 Meter Dash Junior

Name	Year	School	Seed	Finals	H#
1 Mohamed, Musab		Westlane		23.59	2

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 36 Men 200 Meter Dash Junior**

2	Goguen, Mah'Ky	An Myer	24.52	1
3	Nunes, Luke	Sir Winston Chur	24.57	1
4	Heidman, Anderson	West Niagara	24.91	3
5	Cranston, King	Welland Centennial	24.97	2
6	Abbas, Zayne	Governor Simcoe	25.44	1
7	Zahra, Cameron	Sir Winston Chur	25.60	1
8	Doorten, Akhim	E.L. Crossley	25.92	3
9	Babalola, Samuel	Notre Dame	26.87	2
10	Pacquin, Willson	Sir Winston Chur	27.11	1
11	Ogwo, Christian	Notre Dame	27.17	2
12	Surman, Christopher	Governor Simcoe	27.77	1
13	Boyd, Jack	Governor Simcoe	28.00	1
14	Brasil-facey, Jose	Notre Dame	28.39	2
15	Goring-Francis, Rashaud	Governor Simcoe	28.44	1
16	Chang, David	Westlane	28.93	2
17	Louisius, Lintz	Greater Fort Eri	30.68	2
18	Zheng, Zichan	West Niagara	31.25	3
19	Abantao, Jacob	Stamford	31.75	3
20	Benitez, Lucas	DSBN	35.03	3

Event 37 Women 400 Meter Dash Junior

Name	Year School	Seed	Finals
1 Nolan, Juliet	West Niagara	1:09.83	
2 Gray, Addison	West Niagara	1:10.78	
3 Verroche, Eunice	Stamford	1:19.44	
4 Cabio, Priyanka	Stamford	1:25.03	

Event 38 Men 400 Meter Dash Junior

Name	Year School	Seed	Finals
1 Mohamed, Musab	Westlane	55.54	
2 Heidman, Anderson	West Niagara	59.25	
3 Zahra, Cameron	Sir Winston Chur	1:00.79	
4 Diermair, Ansel	Notre Dame	1:03.70	
5 Zheng, Zichan	West Niagara	1:15.42	
6 Abantao, Jacob	Stamford	1:19.64	

Event 40 Men 800 Meter Run Junior

Name	Year School	Seed	Finals
1 Savage, Evan	Sir Winston Chur	2:04.10	
2 Al Khateeb, Ali	West Niagara	2:51.40	

Event 41 Women 1500 Meter Run Junior

Name	Year School	Seed	Finals
1 Thususka, Briar	Port Colborne Hi	5:46.74	
2 Moore, Victoria	West Niagara	5:53.15	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 42 Men 1500 Meter Run Junior**

Name	Year School	Seed	Finals
1 Miller, Jack	Sir Winston Chur		4:26.51
2 Keksi, Domicic	Notre Dame		4:45.04

Event 43 Women 3000 Meter Run Junior

Name	Year School	Seed	Finals
1 Moore, Victoria	West Niagara		12:09.70
2 Degooey, Izabelle	Governor Simcoe		12:13.25
3 Adu, Jessica	Welland Centennial		14:18.49

Event 44 Men 3000 Meter Run Junior

Name	Year School	Seed	Finals
1 Clark, Keegan	Sir Winston Chur		9:43.39
2 Kelly, Conor	Governor Simcoe		11:06.65
3 Sloetjes, Nathan	Port Colborne Hi		11:28.36
4 Memme, Riley	West Niagara		11:56.26

Event 45 Women 80 Meter Hurdles Junior

Name	Year School	Seed	Finals
1 Christopher, Estella	Sir Winston Chur		14.27
2 McGlynn, Maggie	E.L. Crossley		14.30
3 Wilson, Machara	E.L. Crossley		16.18
4 Torresan, Ava	West Niagara		17.40

Event 46 Men 100 Meter Hurdles Junior

Name	Year School	Seed	Finals
1 Scarlett, Nixson	E.L. Crossley		14.12
2 Magolan, Wallace	West Niagara		19.32

Event 47 Women 300 Meter Hurdles Junior

Name	Year School	Seed	Finals
1 Nebesny, Maya	Sir Winston Chur		54.37
2 Christopher, Estella	Sir Winston Chur		57.07
3 Hunt, Sophie	West Niagara		1:04.42
4 Adu, Jessica	Welland Centennial		1:14.76

Event 49 Women High Jump Junior

Name	Year School	Seed	Finals
1 Dekker, Corie	Welland Centennial		1.20m
2 Fazekas, Madilyn	Welland Centennial		1.15m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 50 Men High Jump Junior**

Name	Year School	Seed	Finals
1 Esmat, Husam	Sir Winston Chur		1.65m
2 Magolan, Wallace	West Niagara		1.45m
-- Goar, Dylan	West Niagara		NH

Event 53 Women Long Jump Junior

Name	Year School	Seed	Finals
1 Knight Williams, Le'Andr	An Myer		4.16m
2 Wilson, Machara	E.L. Crossley		3.94m
3 Torresan, Ava	West Niagara		3.31m

Event 54 Men Long Jump Junior

Name	Year School	Seed	Finals
1 Medd, Carter	Welland Centennial		4.96m
2 Ross, Isaiah	Welland Centennial		4.42m
3 Nwankwo, Jayden	Westlane		3.82m
3 Brooks, Gabe	Eastdale		3.82m
5 Kim, Jihoo	Welland Centennial		3.73m
6 Warden, Colton	Eastdale		3.16m
-- Laporte, Caleb	An Myer		ND
-- Kisozi, Elijah	Eastdale		ND
-- Musa, Muneeb	Eastdale		ND

Event 55 Women Triple Jump Junior

Name	Year School	Seed	Finals
1 Nebesny, Maya	Sir Winston Chur		9.45m
2 McGlynn, Maggie	E.L. Crossley		9.26m
3 Springer, Nyomi	Eastdale		8.00m

Event 56 Men Triple Jump Junior

Name	Year School	Seed	Finals
1 Nunes, Luke	Sir Winston Chur		11.89m
2 Ivory, Ezra	An Myer		11.71m
3 Rungi-Ruston, Quinn	Greater Fort Eri		11.14m

Event 57 Women Shot Put Junior

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		11.44m
2 Dobrocky, Ava	E.L. Crossley		9.54m
3 Phillips, Gemma	Greater Fort Eri		8.90m
4 Walker, Bella	SOTH, St. Catharines,		8.78m
5 Telfort, Neaveh	Welland Centennial		8.43m
6 Springer, Nyomi	Eastdale		7.96m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 57 Women Shot Put Junior**

7 Leone, Hannah	Welland Centennial	5.93m
8 Tiffin, Emersyn	Welland Centennial	3.98m

Event 58 Men Shot Put Junior

Name	Year School	Seed	Finals
1 Gillen, Jordan	E.L. Crossley		14.39m
2 Connolly, Deacon	Stamford		11.43m
3 Dodridge, Jackson	Welland Centennial		11.17m
4 Garner, Bennett	Greater Fort Eri		10.95m
5 Ross, Isaiah	Welland Centennial		9.75m
6 Gilmore, Noah	E.L. Crossley		9.19m
7 Okechukwu, Daniel	Niagara Christia		9.10m
8 Szeribert, Miles	Greater Fort Eri		7.68m

Event 59 Women Discus Throw Junior

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		33.55m
2 Dobrocky, Ava	E.L. Crossley		25.43m
3 Walker, Bella	SOTH, St. Catharines,		22.68m
4 Bruzzese, Brooklyn	Welland Centennial		17.58m
5 Telfort, Neaveh	Welland Centennial		17.29m

Event 60 Men Discus Throw Junior

Name	Year School	Seed	Finals
1 Gillen, Jordan	E.L. Crossley		51.16m
2 Radtke-Harris, Leo	West Niagara		41.69m
3 Johnson, Kelvin	SOTH, St. Catharines,		39.28m
4 Dodridge, Jackson	Welland Centennial		33.88m
5 Gilmore, Noah	E.L. Crossley		28.91m
6 Alhamoud, Mohamad	E.L. Crossley		28.89m
7 Szeribert, Miles	Greater Fort Eri		20.14m

Event 61 Women Javelin Throw Junior

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		32.16m
2 Leone, Hannah	Welland Centennial		20.05m
3 Nebesny, Maya	Sir Winston Chur		17.60m
4 Tiffin, Emersyn	Welland Centennial		16.18m
5 Fazekas, Madilyn	Welland Centennial		14.71m
6 Garr, Jazmin	DSBN		13.29m

Event 62 Men Javelin Throw Junior

Name	Year School	Seed	Finals
1 Collee, Hunter	Notre Dame		44.45m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 62 Men Javelin Throw Junior**

2	Rungi-Ruston, Quinn	Greater Fort Eri	41.12m
3	Garner, Bennett	Greater Fort Eri	33.20m
4	Ruel, Paxton	An Myer	32.13m
5	Goar, Dylan	West Niagara	29.20m
6	Medd, Carter	Welland Centennial	28.94m
7	Faheem, Zain	Welland Centennial	24.43m
8	Kim, Jihoo	Welland Centennial	14.74m

Event 64 Men 4x100 Meter Relay Junior

School		Seed	Finals
1	An Myer 'A'		46.90
2	West Niagara 'A'		50.69
3	Westlane 'A'		55.69

Event 65 Women 100 Meter Dash Senior

Name	Year School	Seed	Finals	H#
1 van Niekerk, Hallie	E.L. Crossley		13.61	1
2 Zanutto, Violet	Welland Centennial		13.64	2
3 Bangura, Angela	SOTH, St. Catharines,		13.72	3
4 Adesina, Korede	Greater Fort Eri		13.89	2
5 Bodner, Madeleine	Welland Centennial		13.92	2
6 Morgan, Julianne	E.L. Crossley		14.05	1
7 Brown, Daryn	DSBN		14.10	2
8 Sands, Kashi	Eastdale		14.14	3
9 Williams, Iyla	An Myer		14.26	3
10 Coull, Lindsay	Westlane		14.27	3
11 Fiddes, Rylee	E.L. Crossley		14.29	1
12 Breadner, Claire	E.L. Crossley		14.39	1
13 Ijaodola, Dara	Welland Centennial		14.50	2
14 Powell, Moriyah	Niagara Christia		14.61	3
15 Voynovich, Mabel	Welland Centennial		14.62	2
16 Perdue, Sianna	Sir Winston Chur		14.64	3
17 Watt, Teigen	Notre Dame		14.72	3
18 Gismondi, Grace	Welland Centennial		14.94	2
19 Nyforovska, Karolina	E.L. Crossley		15.05	1
20 Seeley, Shailyn	Greater Fort Eri		15.18	2
21 McTaggart, Valerie	E.L. Crossley		15.33	1
22 Hilson, Catherine	E.L. Crossley		15.46	1
23 Ang, Josea Chilly	Stamford		18.62	3

Event 66 Men 100 Meter Dash Senior

Name	Year School	Seed	Finals	H#
1 Sraku-Antwi, Lemuel Lyon	An Myer		10.84	2
2 Proudlock, Reed	Westlane		11.65	4
3 Kotsis, Matthew	E.L. Crossley		11.94	1
4 Wurgler, Alex	Sir Winston Chur		12.01	2
5 Iroko, Mayowa	Notre Dame		12.05	1
6 Thomas, Tyrone	Welland Centennial		12.11	5

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 66 Men 100 Meter Dash Senior**

7	Friesen, Jared	Governor Simcoe	12.15	2
8	Coley, Amani	Greater Fort Eri	12.16	5
9	Damus, Reo	Notre Dame	12.16	1
10	Liew, Alex	Notre Dame	12.23	1
11	Harrold, Evan	Westlane	12.37	4
12	Wall, Brett	An Myer	12.47	2
13	Ewetan, Hamani	E.L. Crossley	12.47	1
14	Wimbush, Dexter	E.L. Crossley	12.50	1
15	Hunter, Nicholas	Stamford	12.52	3
16	Hirschfelt, Cole	Niagara Christia	12.68	3
17	Singh, Cristiano	Welland Centennial	12.69	5
18	Genius, Donta	SOTH, St. Catharines,	12.71	5
19	Untalan, Vynz	Stamford	12.90	3
20	Abraham, Ian	An Myer	12.93	2
21	Hamarsheh, Yousef	Stamford	13.00	3
22	Seehagel, Malaki	E.L. Crossley	13.06	1
23	Adegbesan, David	Stamford	13.13	3
24	Osisanwo, Dara	Welland Centennial	13.14	5
25	Negash, Sami	Welland Centennial	13.32	5
26	Haider, Shahzada	An Myer	13.35	2
27	Trilles, Kurt DJ	Stamford	13.72	3
28	Annett, Phoenix	E.L. Crossley	13.83	1
29	Bratford, Ronin	Westlane	14.01	4
30	Prajapati, Krish	Westlane	14.37	4
31	Brown, Alex	Welland Centennial	14.38	5
32	Fatih, Daeren	Westlane	14.93	4

Event 67 Women 200 Meter Dash Senior

Name	Year School	Seed	Finals	H#
1 Van Grieken, Amara	Sir Winston Chur	26.22	1	
2 Van Grieken, Meena	Sir Winston Chur	27.33	1	
3 Adesina, Korede	Greater Fort Eri	29.27	1	
4 Brasil-facey, Siana	Notre Dame	29.71	1	
5 Coull, Lindsay	Westlane	29.96	2	
6 Kirilova, Reni	An Myer	30.33	2	
7 Williams, Iyla	An Myer	30.39	2	
8 Perdue, Sianna	Sir Winston Chur	30.85	1	
9 Sands, Kashi	Eastdale	31.05	1	
10 McTaggart, Valerie	E.L. Crossley	32.03	2	
11 Hilson, Catherine	E.L. Crossley	32.21	2	
12 Nesbitt, Karissa	Welland Centennial	35.32	2	
13 MacDonald, Nevaeh	SOTH, St. Catharines,	38.37	1	

Event 68 Men 200 Meter Dash Senior

Name	Year School	Seed	Finals	H#
1 Sraqu-Antwi, Lemuel Lyon	An Myer	22.63	4	
2 Lessey, Andrew	Sir Winston Chur	24.77	3	
3 Coley, Amani	Greater Fort Eri	24.86	2	
4 Thomas, Tyrone	Welland Centennial	24.89	3	
5 Friesen, Jared	Governor Simcoe	25.20	4	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 68 Men 200 Meter Dash Senior**

6	Genius, Donta	SOTH, St. Catharines,	25.29	1
7	Harrold, Evan	Westlane	25.51	2
8	Liew, Alex	Notre Dame	25.62	4
9	Singh, Cristiano	Welland Centennial	25.88	3
10	Hunter, Nicholas	Stamford	25.89	1
11	Ewetan, Hamani	E.L. Crossley	26.04	4
12	Hirschfelt, Cole	Niagara Christia	26.04	2
13	Wurgler, Alex	Sir Winston Chur	26.24	3
14	Iroko, Mayowa	Notre Dame	26.62	4
15	Zakharenko, Max	West Niagara	26.85	2
16	Sands, Tealc	Notre Dame	27.05	4
17	Hamarsheh, Yousef	Stamford	27.08	1
18	Serafinchan, Adan	Stamford	27.33	1
19	Adegbesan, David	Stamford	27.47	1
20	Negash, Sami	Welland Centennial	27.51	3
21	Osisanwo, Dara	Welland Centennial	27.55	3
22	Verne, Shoney	Niagara Christia	28.02	2
23	Annett, Phoenix	E.L. Crossley	28.25	4
24	Davis, Michael	Greater Fort Eri	28.29	2
25	Dejong, Skylar	Sir Winston Chur	28.46	3
26	Duthie, Joseph	SOTH, St. Catharines,	29.22	1
27	Brown, Alex	Welland Centennial	29.74	3
28	Hanna, Robbie	Niagara Christia	30.23	2
29	Prajapati, Krish	Westlane	30.74	2
30	Qubaja, Mohammad	SOTH, St. Catharines,	31.57	1

Event 69 Women 400 Meter Dash Senior

Name	Year School	Seed	Finals
1 Van Grieken, Meena	Sir Winston Chur	1:03.61	
2 Toby-Erwig, Aiyanna	West Niagara	1:04.73	
3 Keays, Makenna	An Myer	1:23.22	
4 Chan, Lydia	Niagara Christia	1:25.57	

Event 70 Men 400 Meter Dash Senior

Name	Year School	Seed	Finals	H#
1 Daly, Robert	West Niagara	55.07	1	
2 Ryan, Jack	E.L. Crossley	56.19	2	
3 Proudlock, Reed	Westlane	56.98	1	
4 Nicholson, Aidan	Sir Winston Chur	57.12	1	
5 Lee, Alexander	Welland Centennial	58.80	2	
6 Harrold, Evan	Westlane	1:00.37	2	
7 Hirschfelt, Cole	Niagara Christia	1:00.83	1	
8 Tonnies, Jackson	Port Colborne Hi	1:02.06	2	
9 Zakharenko, Max	West Niagara	1:05.87	1	
10 Nykolaychuk, Alex	E.L. Crossley	1:09.37	1	
11 Prajapati, Krish	Westlane	1:11.99	2	
12 Qubaja, Mohammad	SOTH, St. Catharines,	1:16.31	2	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 71 Women 800 Meter Run Senior**

Name	Year School	Seed	Finals
1 Jeffery, Lydia	E.L. Crossley		2:53.11
2 Chan, Lydia	Niagara Christia		3:20.96
3 Keays, Makenna	An Myer		3:21.12
4 Novak, Annie	Eastdale		3:32.62

Event 72 Men 800 Meter Run Senior

Name	Year School	Seed	Finals
1 Walker, Barron	Sir Winston Chur		2:07.12
2 Nicholson, Aidan	Sir Winston Chur		2:08.25
3 Bertrand, Damien	Sir Winston Chur		2:12.63
4 Smith, Ayden	Port Colborne Hi		2:13.83
5 Dhoqane, Jamal	Stamford		2:17.85
6 Gosnek, Liam	Westlane		2:19.71
7 Tonnies, Jackson	Port Colborne Hi		2:22.27
8 Wimbush, Dexter	E.L. Crossley		2:28.81
9 McGaghey, Malcolm	Niagara Christia		2:29.52
10 Abban-Desbouvrie, Mark	Sir Winston Chur		2:33.43
11 Nykolaychuk, Alex	E.L. Crossley		2:41.94
12 Prajapati, Krish	Westlane		2:45.81
13 Li, John	Greater Fort Eri		2:47.78

Event 73 Women 1500 Meter Run Senior

Name	Year School	Seed	Finals
1 Jeffery, Lydia	E.L. Crossley		5:45.39
2 Van Geest, Chloe	West Niagara		5:57.75
3 Sider, Ava	E.L. Crossley		6:00.34
4 Seeley, Shailyn	Greater Fort Eri		6:05.27
5 Neill, Lily	Welland Centennial		6:13.25
6 Boyd, Tobie	Welland Centennial		7:27.79
7 Quait, Alexis	An Myer		7:30.66
8 Chan, Lydia	Niagara Christia		7:33.96
9 Nesbitt, Karissa	Welland Centennial		7:36.25
10 Novak, Annie	Eastdale		7:37.04

Event 74 Men 1500 Meter Run Senior

Name	Year School	Seed	Finals
1 Bertrand, Damien	Sir Winston Chur		4:36.62
2 Hill, Christopher	Sir Winston Chur		4:57.68
3 Smith, James	West Niagara		5:09.75
4 Johnston, Tristan	SOTH, St. Catharines,		5:12.92
5 Gosnek, Liam	Westlane		5:13.53
6 Schoenmaker, Eli	E.L. Crossley		5:30.44
7 Chen, Mark	Westlane		5:59.78
8 Li, John	Greater Fort Eri		6:37.91

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 75 Women 3000 Meter Run Senior**

Name	Year School	Seed	Finals
1 Van Geest, Chloe	West Niagara		12:42.09
2 Neill, Lily	Welland Centennial		13:09.18
3 Dunlop, Lauren	Sir Winston Chur		13:29.83
4 Quait, Alexis	An Myer		14:07.53

Event 76 Men 3000 Meter Run Senior

Name	Year School	Seed	Finals
1 Miller, Jack	Sir Winston Chur		9:39.98
2 Smith, James	West Niagara		10:27.06
3 Hill, Christopher	Sir Winston Chur		10:27.25
4 Chen, Mark	Westlane		13:01.60

Event 77 Women 100 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 Breadner, Claire	E.L. Crossley		19.29
2 Fletcher, Melanie	West Niagara		20.61
3 Nyforovska, Karolina	E.L. Crossley		21.99

Event 78 Men 110 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 Freure, Adam	E.L. Crossley		15.19
2 Malcolm, Tiago	West Niagara		17.77

Event 80 Men 400 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 Larsen, Chase	West Niagara		1:00.79
2 Malcolm, Tiago	West Niagara		1:04.95

Event 81 Women High Jump Senior

Name	Year School	Seed	Finals
1 Powell, Moriyah	Niagara Christia		1.35m

Event 82 Men High Jump Senior

Name	Year School	Seed	Finals
1 Genius, Donta	SOTH, St. Catharines,		1.90m
2 Kpioyo, Elijah	E.L. Crossley		1.80m
3 England, Xavier	E.L. Crossley		1.50m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 83 Women Pole Vault Senior**

Name	Year School	Seed	Finals
1 van Niekerk, Hallie	E.L. Crossley		2.55m
2 Jeffery, Lydia	E.L. Crossley		2.25m
2 Saari, Aliyah	E.L. Crossley		2.25m
2 Sider, Ava	E.L. Crossley		2.25m
2 Maguire, Julie	Welland Centennial		2.25m
6 Van Krimpen, Parker	Welland Centennial		2.10m
7 Laing, Ayla	Governor Simcoe		1.95m
8 Dekker, Corie	Welland Centennial		1.65m
9 Henderson, Isla	E.L. Crossley		1.50m

Event 84 Men Pole Vault Senior

Name	Year School	Seed	Finals
1 Fyfe, Owen	E.L. Crossley		8.95m
2 Freure, Adam	E.L. Crossley		4.40m
3 Owen, Chase	Welland Centennial		4.30m
4 Guindon, Xavier	E.L. Crossley		3.40m
5 Hotham, Jordan	E.L. Crossley		2.90m
6 Saari, Luca	E.L. Crossley		2.30m
7 Nesbitt, Kyle	Welland Centennial		2.10m
8 Pilot, Tyler	E.L. Crossley		1.90m
8 Weymark, Calder	Welland Centennial		1.90m

Event 85 Women Long Jump Senior

Name	Year School	Seed	Finals
1 Jeffery, Rachel	E.L. Crossley		4.64m
2 Bangura, Angela	SOTH, St. Catharines,		4.40m
3 Morgan, Julianne	E.L. Crossley		4.06m
4 Zheng, Fiona	Niagara Christia		4.04m
5 Farrag, Lamar	An Myer		3.97m
6 Russell, Hannah	SOTH, St. Catharines,		3.89m
7 Powell, Moriyah	Niagara Christia		3.73m
8 Nyforovska, Karolina	E.L. Crossley		3.72m
9 MacDonald, Nevaeh	SOTH, St. Catharines,		3.52m
10 Sulemann, Mariam	Notre Dame		3.17m
11 Hilson, Catherine	E.L. Crossley		3.11m

Event 86 Men Long Jump Senior

Name	Year School	Seed	Finals
1 MacDonald, Graeme	E.L. Crossley		5.98m
2 Kpioyo, Elijah	E.L. Crossley		5.63m
3 Iroko, Mayowa	Notre Dame		5.54m
4 Nelson-Zeman, Lucas	DSBN		5.50m
5 Abraham, Ian	An Myer		4.95m
6 Duthie, Joseph	SOTH, St. Catharines,		4.63m
7 William, Micah	Welland Centennial		4.48m
8 Davis, Michael	Greater Fort Eri		4.32m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 86 Men Long Jump Senior**

9 Verne, Shoney	Niagara Christia	4.31m
10 Ewetan, Hamani	E.L. Crossley	4.30m

Event 87 Women Triple Jump Senior

Name	Year School	Seed	Finals
1 Fournier, Easton	Welland Centennial		9.21m
2 Zheng, Fiona	Niagara Christia		9.18m
3 Farrag, Lamar	An Myer		8.43m

Event 88 Men Triple Jump Senior

Name	Year School	Seed	Finals
1 Antonsen, Liam	Sir Winston Chur		12.52m
2 MacDonald, Graeme	E.L. Crossley		12.30m
3 William, Micah	Welland Centennial		9.57m
4 Davis, Michael	Greater Fort Eri		9.31m

Event 89 Women Shot Put Senior

Name	Year School	Seed	Finals
1 Goulding, Madelyn	Port Colborne Hi		11.05m
2 Moore, Brooke	E.L. Crossley		9.11m
3 Siolkowsky, Helena	E.L. Crossley		8.53m
4 Canham, Makenzy	Stamford		7.70m
5 Dzalto, Delia	Sir Winston Chur		7.63m
6 Young, Lucy	E.L. Crossley		7.43m
7 Dales, Bronwyn	E.L. Crossley		7.25m
8 Obeh, Christabel	Notre Dame		6.31m
9 Surman, Ashley	Sir Winston Chur		5.95m
10 Sulemann, Mariam	Notre Dame		4.96m
11 McPherson, Sophie	Greater Fort Eri		3.55m

Event 90 Men Shot Put Senior

Name	Year School	Seed	Finals	H#
1 Friesen, Jared	Governor Simcoe		11.68m	1
2 McDonough, Adonis	West Niagara		10.80m	1
3 Bataineh, Mustafa	Sir Winston Chur		10.43m	1
4 Aljalra, Amr	Sir Winston Chur		9.61m	1
5 Royer, Hayden	Port Colborne Hi		9.20m	1
6 Gelka, Seth	Eastdale		9.10m	1
7 Putney, Caeleb	Greater Fort Eri		8.98m	1
8 Stafford, John	Greater Fort Eri		8.93m	1
9 Beckett, Liam	Welland Centennial		8.60m	2
10 Amin, Yousef	Sir Winston Chur		8.03m	1
11 Cadot, Tanner	Port Colborne Hi		8.00m	1
12 Westbury, Jack	Sir Winston Chur		7.33m	1
13 Abdullah, Muhammad	Welland Centennial		6.33m	1

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****Event 91 Women Discus Throw Senior**

Name	Year School	Seed	Finals
1 Zanutto, Violet	Welland Centennial		30.34m
2 Fournier, Easton	Welland Centennial		28.90m
3 Jacobi, Faith	Welland Centennial		27.07m
4 Dales, Bronwyn	E.L. Crossley		26.33m
5 Goulding, Madelyn	Port Colborne Hi		26.23m
6 Conklin, Jariyah	SOTH, St. Catharines,		15.79m

Event 92 Men Discus Throw Senior

Name	Year School	Seed	Finals
1 Davis, Jaden	Welland Centennial		43.46m
2 Gelka, Seth	Eastdale		38.33m
3 Kroeker, Braden	Welland Centennial		35.92m
4 Bataineh, Mustafa	Sir Winston Chur		34.23m
5 Royer, Hayden	Port Colborne Hi		31.35m
6 Putney, Caeleb	Greater Fort Eri		25.18m
7 McDonough, Adonis	West Niagara		25.17m
8 Aljalra, Amr	Sir Winston Chur		23.89m
9 Beckett, Liam	Welland Centennial		17.02m
10 Cadot, Tanner	Port Colborne Hi		16.69m
11 Wimbush, Dexter	E.L. Crossley		15.89m
12 Marino, Ben	West Niagara		13.12m

Event 93 Women Javelin Throw Senior

Name	Year School	Seed	Finals
1 Jeffery, Rachel	E.L. Crossley		25.80m
2 Goulding, Madelyn	Port Colborne Hi		24.44m
3 Young, Lucy	E.L. Crossley		24.17m
4 Moore, Brooke	E.L. Crossley		24.01m
5 Quesada, Bruna	SOTH, St. Catharines,		21.20m
6 Jacobi, Faith	Welland Centennial		20.52m
7 Molano-Caballero, Sara	Sir Winston Chur		20.22m
8 Bernardi, Eva	E.L. Crossley		17.01m
9 Willms, Addison	E.L. Crossley		15.16m
10 MacDonald, Nevaeh	SOTH, St. Catharines,		15.01m
11 Russell, Hannah	SOTH, St. Catharines,		14.79m
12 Maguire, Julie	Welland Centennial		14.50m
13 McPherson, Sophie	Greater Fort Eri		10.90m
14 Sulemann, Mariam	Notre Dame		8.55m
15 Le, Selena	West Niagara		8.53m
-- Obeh, Christabel	Notre Dame		ND

Event 94 Men Javelin Throw Senior

Name	Year School	Seed	Finals
1 Jackson, Cameron	E.L. Crossley		39.40m
2 Dubourdieu, Logan	Welland Centennial		37.20m
3 Uttley, Leo	Sir Winston Chur		33.06m

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 94 Men Javelin Throw Senior**

4	McDonough, Adonis	West Niagara	30.55m
5	Lucia, David	E.L. Crossley	29.39m
6	Putney, Caeleb	Greater Fort Eri	29.38m
7	McGaghey, Malcolm	Niagara Christia	27.17m
8	Aljalra, Amr	Sir Winston Chur	25.17m
9	Westbury, Jack	Sir Winston Chur	24.45m
10	Duthie, Joseph	SOTH,St.Catharines,	23.60m
11	Pietracupa, Dylan	E.L. Crossley	22.31m
12	Bataineh, Mustafa	Sir Winston Chur	22.14m
13	Qubaja, Mohammad	SOTH,St.Catharines,	19.43m
14	Nwankpa, Mezie	SOTH,St.Catharines,	18.54m
15	Amin, Yousef	Sir Winston Chur	17.89m
16	Dejong, Skylar	Sir Winston Chur	17.55m

Event 95 Women 4x100 Meter Relay Senior

School	Seed	Finals	H#
1 Sir Winston Churchill 'A'		54.58	2
2 E.L. Crossley 'A'		55.36	1
3 E.L. Crossley 'B'		56.36	1
4 West Niagara 'A'		56.39	1
5 Welland Centennial 'A'		56.83	1
6 Greater Fort Erie Secondary 'A'		57.59	1
7 An Myer 'A'		58.28	1
8 West Niagara 'B'		58.99	1
9 Notre Dame 'A'		1:01.50	1
10 Welland Centennial 'B'		1:03.70	2

Event 96 Men 4x100 Meter Relay Senior

School	Seed	Finals
1 Welland Centennial 'A'		48.44
2 Westlane 'A'		49.20
3 Notre Dame 'A'		1:07.18

Event 97 Women 2000 Meter Steeplechase Open

Name	Year School	Seed	Finals
1 Jeffery, Sydney	West Niagara	7:46.44	
2 McGinn, Lucy	West Niagara	8:37.89	
3 Laing, Ayla	Governor Simcoe	9:05.44	
4 Iiskens, Eden	Welland Centennial	11:18.72	

Event 98 Men 2000 Meter Steeplechase Open

Name	Year School	Seed	Finals
1 Clark, Keegan	Sir Winston Chur	7:01.62	
2 Eller, Griffin	E.L. Crossley	7:26.77	
3 Powell, Dylan	E.L. Crossley	7:46.87	
4 Schoenmaker, Eli	E.L. Crossley	7:57.88	

Zone 4 Championship Meet - 2023-05-18**SOSSA Qualifier Meet****Welland Centennial****Results****....Event 98 Men 2000 Meter Steeplechase Open**

5	Kenna, Anderson	Greater Fort Eri	8:00.22
6	Gosnek, Liam	Westlane	8:02.37
7	Cober, Karsten	Greater Fort Eri	8:36.97
8	Strebul, Dante	Welland Centennial	9:11.64
9	England, Xavier	E.L. Crossley	10:06.00

Event 99 Women 4x400 Meter Relay Open

School		Seed	Finals
1	West Niagara 'A'		4:01.00
2	Westlane 'A'		4:05.09
3	Greater Fort Erie Secondary 'A'		4:41.64
4	Westlane 'B'		4:43.40
5	E.L. Crossley 'A'		4:54.75
6	West Niagara 'B'		4:56.14

Event 102 Men 100 Meter Dash Visually Impaired

Name	Year School	Seed	Finals
1	Muhammad, Aram	Westlane	19.13